



Classes – 2022 - 2023 Season.

Listed by age and Level of dancer:

Recreational Setting Dance classes – For the pure love of dance, non competitive.

Competitive and Inter/Adv. Setting dance classes – For dancers training at a higher level and/or entering competitions.

If unsure of your dancer's level, please check with Miss Lisa.

Recreational setting (Non-Competitive)

3 – 4years

-	Saturday	10:45am - 11:30am	Creative Ballet	Level - open	Miss Chantal
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5 – 6 years

-	Monday	4:15pm – 5pm	Hip Hop 6-8yrs	Level – Open	Miss Danaka
-	Wednesday	3:30pm – 4:15pm	Tap and Jazz	Level 1/2	Miss Ariel
-	Wednesday	4:15pm – 5pm	Creative Ballet	Level 1/2	Miss Ariel
-	Saturday	10am – 10:45am	Ballet and Jazz	Level 1/2	Miss Chantal

6 – 8 years and 7 – 9 years

-	Monday	4:15pm – 5pm	Hip Hop 6 – 8yrs	Level – Open	Miss Danaka
-	Monday	5pm – 5:45pm	Ballet 7-9yrs	Level 2/3	Miss Lisa
-	Monday	5:45pm – 6:30pm	Lyrical & Contemporary 7-9yrs	Level 2/3	Miss Lisa
-	Wednesday	5pm – 6pm	Musical Theatre Acting - 7-10yrs	Level – Open	Miss Ariel
-	Wednesday	6pm – 6:45pm	Musical Theatre Singing - 7-10yrs	Level – Open	Miss Ariel
-	Thursday	4:15pm – 5pm	Jazz and Acro 7-10yrs	Level 1/2	Miss Chantal
-	Thursday	5pm – 5:45pm	Ballet /Lyrical 6-8yrs	Level 1/2	Miss Chantal
-	Saturday	9:15am – 10am	Ballet and Jazz 7-9yrs	Level 1/2	Miss Chantal
-	Saturday	9:15am – 10:15am	Ballet / Lyrical 8-10yrs	Level 2/3	Miss Lisa
-	Saturday	10:15am – 11am	Jazz / Acro 8-10yrs	Level 2/3	Miss Lisa

Recreational setting (Non-Competitive)

9 and 10+ years

-	Monday	5pm – 5:45pm	Contemporary	Level 1/2	Miss Danaka
-	Monday	5:45pm - 6:30pm	Hip Hop	Level – Open	Miss Danaka
-	Tuesday	5pm – 5:45pm	Aerial 1/2 (9+yrs)	Level 1/2	Miss Lisa
-	Tuesday	4:15pm – 5:15pm	Jazz 10+yrs	Level 2/3	Miss Chantal
-	Tuesday	5:15pm – 6pm	Contemporary 10+yrs	Level 2/3	Miss Chantal
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-	Wednesday	5pm – 6pm	Musical Theatre Acting - 7-10yrs	Level – Open	Miss Ariel
-	Wednesday	6pm – 6:45pm	Musical Theatre Singing - 7-10yrs	Level – Open	Miss Ariel
-	Thursday	4:15pm – 5pm	Jazz and Acro 7-10yrs	Level 1/2	Miss Chantal

Competitive and Intermediate/Advanced level Classes

(Dancers must have approval from teacher to be in the competition classes)

8 – 10 years

- Monday	6:30pm – 7:30pm	Hip Hop	Level Comp.	Miss Danaka
- Tuesday	3:30pm – 4:15pm	Ballet / Lyrical	Level Comp.	Miss Lisa
- Tuesday	4:15pm - 5pm	Acro	Level Comp.	Miss Lisa

10 - 12 years

- Monday	3:30pm – 4:15pm	Ballet 10-14yrs	Level Inter.	Miss Lisa
- Monday	4:15pm - 5pm	Musical Theatre & Variety 10-14yrs	Level inter.	Miss Lisa
- Monday	6:30pm – 7:30pm	Hip Hop	Level Comp.	Miss Danaka
- Wednesday	3:30pm – 4:15pm	Junior Jazz	Level 3	Miss Lisa
- Wednesday	4:15pm – 5pm	Junior Acro	Level 3	Miss Lisa
- Wednesday	5pm – 6pm	Aerial 2/3	Level 2/3	Miss Lisa
- Thursday	3:30pm – 4:15pm	Junior Contemporary Competitive	Level Adv.	Miss Lisa
- Thursday	4:15pm – 5:15pm	Jazz – Competitive Conditioning	Level Adv.	Miss Lisa

12+ years

- Monday	3:30pm – 4:15pm	Ballet 10-14yrs	Level Inter.	Miss Lisa
- Monday	4:15pm - 5pm	Musical Theatre & Variety 10-14yrs	Level inter.	Miss Lisa
- Wednesday	5pm – 6pm	Aerial 2/3	Level 2/3	Miss Lisa
- Wednesday	6pm – 6:45pm	Teen Contemporary	Level 2/3	Miss Lisa
- Wednesday	6:45pm – 7:30pm	Ballet – Beg/Inter	Level 1/2	Miss Lisa
- Thursday	4:15pm – 5:15pm	Jazz – Competitive Conditioning	Level Adv.	Miss Lisa
- Thursday	5:15pm – 6pm	Teen Contemporary Competitive	Level Adv.	Miss Lisa
- Thursday	6pm – 6:45pm	Teen / Senior Acro	Level Adv.	Miss Lisa

15+ years

- Monday	6:30pm – 7:15pm	Contemporary	Level Adv.	Miss Lisa
- Thursday	6pm – 6:45pm	Teen / Senior Acro	Level Adv.	Miss Lisa
- Thursday	6:45pm – 7:30pm	Senior Aerial	Level Adv.	Miss Lisa