### Rísing Stars Age 3 - 8

- RS Level 1 are dancers aged 3 4 who have danced for 0 1.5 years
- RS Level 2 are dancers who have been dancing for 2 or more years

Dancers aged 3 - 4 will be in Level 1

If your dancer is 4, turning 5 and has been dancing with us for a few years, please look at level 2 classes.

If you have any doubts, please contact Lisa.

### **TUESDAY**

10am - 11am	Level 2	4.5 - 5yrs Ballet and Freestyle	Miss Lisa
FULL 11am - 11:45am	Level 1	3 - 4yrs Ballet and Freestyle	Miss Lisa
2:45pm - 3:30pm	Level 2	4.5 - 5yrs Ballet and Freestyle	Miss Lisa
THURSDAY			
FULL 3:00PM - 3:45PM	1 Level 2	5 - 6 yrs Jazz / Acro	Miss Lisa
3:45pm - 4:45pm	Level 2	6.5 - 8 yrs Ballet	Miss Lisa
FRIDAY			
FULL 3:00pm - 4:00pm	Level 2	5 - 6 yrs Ballet	Miss Lisa
FULL 3:00pm - 4:00pm	All Levels	6 - 9 yrs Boys Hip Hop / Break Dance	Miss Danaka
FULL 4:00pm - 5:00pm	Level 2	6.5 - 8 yrs Jazz / Acro	Miss Lisa
5:00pm - 6:00pm	Level 1 / 2	6.5 - 9yrs Musical Theatre	Miss Danaka

### SATURDAY

FULL 9am - 10am	Level 2	5 - 6yrs Ballet	Miss Lisa
FULL 10am - 10:45am	Level 1	3 - 4yrs Ballet and Freestyle	Miss Lisa

### Level 1/2

• Level 1/2 dancers are ages 9 + who are new to dance or have done a few years of 1 - 2 classes per week.

### **MONDAY**

3:30pm - 4:30pm	Level 1, 2, 3	Acro	Miss Danaka
4:45pm - 5:45pm	Level 1/2	Jazz	Miss Danaka
5:45pm - 6:30pm	Level 1 /2	Beginner Hip Hop	Miss Danaka

### **WEDNESDAY**

FULL 5:00pm - 6:00pm All Levels Musical Theatre Miss Lisa

### Level 3 Intermediate

• Level 3 dancers are ages 11 + who have been dancing for a few years

### **MONDAY**

2:45pm - 3:30pm	Level 1/2/3	TFS / Progressions	Miss Danaka
3:30pm - 4:30pm	Level 1, 2, 3	Acro	Miss Danaka

### **TUESDAY**

FULL 3:30pm - 4:30pm Level 3	TFS / Progressions	Miss Danaka
FULL 4:30pm - 5:30pm Level 3	Contemporary / Lyrical	Miss Danaka
FULL 5:45pm - 6:45pm Level 3	Jazz	Miss Danaka / Miss Sasha

#### **WEDNESDAY**

FULL 4:00pm5:00pn	nLevel 3	Acro, Intermediate / Advanced	Miss Lisa
FULL 5:00pm - 6:00pm	All Levels	Musical Theatre	Miss Lisa
6:00pm - 7:00 pm	Level 3	Contemporary Ballet	Miss Lisa

### **FRIDAY**

6:00pm - 6:45pm	Level 2, 3	TFS / Core strength / Dancers Yoga	Miss Danaka
		Age 9 - 13	

### **SATURDAY**

10am – 11am	Beginner / Intermediate Tap	Miss Louise

### Level 4 Intermediate / Advanced

Level 4 dancers are Intermediate dancers who have had many years of dance training. This is a competitive level with ages 10 - 14

#### TUESDAY

IUESDAT		
3:30pm - 4:30pm	Progressions Age 10 - 12	Miss Lisa
FULL 4:30pm - 5:30pm	Tech, Flex Stamina Age 10+	Miss Lisa
5:45pm - 6:45pm	Progressions Age 13+	Miss Lisa
5:45pm - 6:45pm	Jazz Age 10 - 12	Miss Danaka / Miss Sasha
WEDNESDAY		
3:00pm - 4:00pm	Contemporary Age 10 - 12	Miss Lisa
FULL 4:00pm - 5:00pm	Acro	Miss Lisa
FULL 5:00pm - 6:00pm	Musical Theatre - All Levels	Miss Lisa
6:00pm - 7:00 pm	Contemporary Ballet	Miss Lisa
THURSDAY		

4:45pm - 5:45pm	Contemporary Age 13 +	Miss Lisa
5:45pm - 6:45pm	Ballet / Contemporary Ballet with POINTE	Miss Lisa
	(Approved by teacher)	

### **FRIDAY**

5:00pm - 6:00pm	Age 10+ Competitive Variety (Audition C	Only)	Miss Lisa
6:00pm - 6:45pm	TFS / Core strength / Dancers Yoga	Age 9 - 12	Miss Danaka
6:00pm - 6:45pm	TFS / Core strength / Dancers Yoga	Age 13+	Miss Lisa

### **SATURDAY**

Beginner / Intermediate Tap 10am - 11am Miss Louise

# Level 5 15+ Advanced

Level 5 dancers are advanced dancers with many years of training in many different styles. Level 5 dancers are of 15 years or older and at a competitive level.

### **TUESDAY**

4:30pm - 5:30pm	Tech, Flex Stamina	Miss Lisa
5:45pm - 6:45pm	Progressions Age 13+	Miss Lisa
6:45pm - 7:45pm	Broadway Age 15+	Miss Lisa

### WEDNESDAY

FULL 4:00pm - 5:00pm	Acro	Miss Lisa
FULL 5:00pm - 6:00pm	Musical Theatre - All Levels	Miss Lisa
6:00pm - 7:00 pm	Contemporary Ballet	Miss Lisa

#### THURSDAY

4:45pm - 5:45pm	Contemporary Age 13 +	Miss Lisa
5:45pm - 6:45pm	Ballet / Contemporary Ballet with POINTE (Approved by teacher)	Miss Lisa

#### **FRIDAY**

5:00pm - 6:00pm	Age 10+ Competitive Variety (Audition Only)		Miss Lisa
6:00pm - 6:45pm	TFS / Core strength / Dancers Yoga	Age 13+	Miss Lisa

### **SATURDAY**

10am – 11am	Beginner / Intermediate Tap	Miss Louise
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